

Who we are...

FASA

Fellowship Advising and Study Abroad Office

Lauren Stolper, Director Meghan Kuroda- Assistant Director

Location: 3rd floor, room 319, Center for Student Services

FASA Office Library - in our office

Craig SanPietro '69

"Since leaving Caltech in 1969, I have traveled through more than 50 countries, mostly in the third world. This travel has greatly enriched my life and I want to make similar experiences available to Caltech students. Hopefully, this travel can immerse you in unusual cultural and physical situations that challenge you and make you feel more alive."

Travel Expands Your Horizons

Challenge yourself by going to new locations that are not familiar to you. Do not be afraid to think outside the box!

Check out in detail what there is to see in a location – don't miss important sites you are not aware of, e.g., Ostia Antica in Rome.

Think about camping versus all hostels. Use public transport, but also consider walking or cycling as part of your experience.

But keep in mind...

No buddy trips or tag along trips-one person picks destination & does all the work.

No adding extensions onto pre-existing travel plans with friends.

No "honeymoons" - it is OK to travel with a significant other

No hobby trips

No political trips

No business-oriented trips

No expensive activities or luxury travel such as concerts, Michelin starred restaurant meals, expensive day tours, etc.

Other Things to Note

No car or motorcycle rental No travel to familiar locations No discovering your roots trips or theme trips that dominate travel such as foodie trips or trying to visit every monastery in France No "cozy" trips, e.g., staying put in one spot No superficial trips, e.g., Scandinavia is not just major cities, i.e., Oslo, Stockholm, Copenhagen No hobby trips, e.g., trip is all about mountain climbing Trip is not adventure travel, but should be adventurous for you within your comfort zone. No need to sky dive, etc. You don't need any adventure activities! But it is good to consider doing some cycling, walking tours, etc.

Covid Issues

- Travel in US, one or more countries abroad but have a sensible plan. Trying to see too much results in a superficial trip! You can't see everything in a large country!
- All countries must have a stable or falling Covid infection rate & no other current widespread disease that threatens travelers unless traveler is vaccinated, e.g., measles.
- Covid full WHO approved vaccination required and boosters are required for each traveler based on Caltech requirements.
- Applicants will need to check with their insurance policies to make sure they are covered for emergency health coverage in the proposed SanPietro travel countries.
- Applicants must also confirm if they have evacuation coverage in case of natural disaster, serious injury, pandemic situation, etc.
- Cannot travel to a country that has a quarantine requirement over 48 hours.
- Travel cannot be deferred to another year for any reason.

Eligibility

- Sophomores, juniors, and seniors can apply (Sorry, no freshmen)
- Must be 18 years of age by application deadline
- Must be enrolled at Caltech for all terms in current academic year and enrolled fall term after your trip
 - Seniors exempt from fall enrollment
 - Sophomores & Juniors must attend fall term
- No GPA or citizenship requirement-keep visas in mind!
- Must be in good academic and disciplinary standing throughout prize process— cannot be on leave. For winter and spring terms you must be enrolled & on campus. The prize is forfeit if you go on leave, for either an individual or for pair travelers. Also forfeit if one traveler backs out of trip!

Requirements

- Can travel alone or in a pair
- 2 12 weeks (14 days on the ground minimum- not counting arrival & departure day!)
- Start date: After
 Commencement & End date
 weekend prior to start of fall CIT instruction
- Expansive & well thought out travel
- Feasible, intriguing, & wellplanned proposal!





Application

DUE March 10th by 3pm

- 1. Application Formhttp://fasa.caltech.edu/fellows hips/sanpietro
- 2. Essay all applicants
- 3. Second Essay for Pairs ONLY
- 4. Travel proposal, which includes:
 - Cover page
 - Itinerary
 - Map of proposed route
- 5. Budget
- 6. Cost breakdown
- 7. Unofficial transcript
- 8. 2 letters of reference
- 9. Optional 3rd peer reference

Budget Proposal Example

Airfare International Roundtrip Flight	Solo/1 st Traveler	2 nd Traveler	Total:	Airline
Airfare #1	\$1277	\$908	\$2185	Delta
Airfare #2	\$1196	\$987	\$2183	El Al/ Virgin America
Airfare #3	\$1476	\$987	\$2463	El Al/ Virgin America
Average of airfare requesting	<u>\$1316</u>	<u>\$961</u>	<u>\$2277</u>	
Airport to city transport	\$17.94	\$17.94	\$35.88	

- There are a number of great examples in the library.
- Remember to list everything in US Dollars.
- Make sure to consider rate and fee changes. During the summer months, prices may change for activities.
- Meals, accommodation, museum tickets, day tours reasonably priced activities that enhance the trip and roundtrip airfare and local within a city and between destinations travel are covered items.

No double dipping for travel

- If you are working abroad or doing research abroad we only pay for your travel from the work or research location to your SanPietro proposed destination provided it is on the same continent.
- Travel to/from a work or research, etc. destination is not covered.
- If you propose travel to a continent different from the foreign work, research, etc. location, departure must be Home or California unless foreign travel is cheaper.

No double dipping for travel, cont. Examples:

- For example: If you are doing research at CERN and want to do a post or pre CERN trip to Italy, your travel by train, bus or flight to your first destination in Italy and return to Geneva, SZ is paid only — NOT the travel to and from Geneva from Caltech, other California major airport, or your US home.
- For example, if you work at CERN and want to travel to Belize, only fare from a Calif. or US home destination will be covered – NOT travel from Geneva to Belize unless cheaper or same!

Travel Methods & Costs

- Outbound & return airfare (Calf. Or US Home & back)
- Intra-country (within the country)
- Intra-city(within the city)
- Intercity (travel between cities)
- International travel between countries
- Bus, train, metro/subway/trolley, Uber, walking, cycling, flights, ferry, etc.
- There are many ways to research routes and costs online

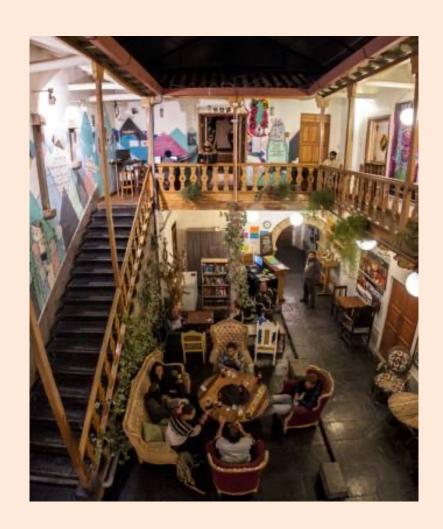
Budget Advice

Kathmandu	Total for 6 days and 9 nights	Itemized
Accommodation	\$234	Hotel Nepalaya, \$14 per night/per person; Monastery \$5 per night/per person
Meals	\$180	\$15 per person, per day
Intercity travel (bus, rail, air)	\$3,510	Airfare: \$1550 per person (roundtrip from LAX to Kathmandu), Greenline Bus to Chitwan \$25 per person, Flight to Lukla \$150 per person, Visa \$40 per person.
Local, intra-city travel (buses, taxis, subway)	\$32	Bus to/from Bhaktapur \$1 per person, taxi from airport \$15 per person (\$30 total)
Activities	\$50	Bhaktapur entrance fee \$15 per person, plus misc. entrance fees
TOTAL FOR LOCATION:	\$4,006	\$2,003 per person

Budgeting tools: TaxiFareFinder, TripAdvisor, Expedia, STA Travel, SkyScanner, HostelWorld, Hostelling Intl., AirBnB, Uber, Lyft, XE Converter, Lonely Planet, Rome2rio, Wiki Travel, Fodors' Pinterest, FASA Library, travel books & blogs, etc.

Accommodation

- No couch surfing
- Airbnb & similar OK
- No luxury style accommodation
- Must be practical and affordable for a travelling college student
- Hostel prices are per person
- Small hotels/B&B's can be cheaper than hostels
- Consider legal camping



Do's and Don'ts

Do:

Go somewhere you've never been before —can do US travel, e.g., East Coast Trip. US Travel encouraged during pandemic

Quality not quantity
Get off the beaten path

Research, research, research! Books, blogs, online articles

Budget, budget, budget Check U.S. Dept. of State Travel Warnings: website**travel.state.gov**



Do's and Don'ts



Try to squeeze in too many locations or activities

Underestimate food costs!

Weather in summer is not conducive to travel

Rely on guided tours-only day tours allowed!

No private car rental

Ask to go to a dangerous place, e.g., North Korea or location with warfare or unrest, e.g., Ukraine, or kidnapping for foreigners.



Resources

- Internet research
- Publications
 - New York Times Travel
 - National Geographic
 - Lonely Planet
- FASA Library
 - Previous winners'proposals and reports
 - Travel books
 - Articles about travel

Authentically YOU

- These proposals must be purely your own work:
 - Do not copy itineraries from the blogs, the internet, or books
 - Do not go to the writing center for edits and do not ask FASA to help look over your work
 - Do not have your essay or proposal professionally reviewed
 - Can use internet as a resource-do not copy. Everything must be your writing
 - Remember to use the FASA library SanPietro resources.



FASA Library

Open daily, 8am-5pm (closed 12-1 for lunch)

Rm. 319, Center for Student Services

Walk-in hours on Tuesdays and Thursdays, 9-11am and 2-4pm





Applications due by 3pm, March 10, 2023 SAapplications@caltech.edu





